

**VKK Schema, vecka 35, 2025-2026**Färger och stil enligt följande: isträning, **markträning** och **dans**.**Tisdag, A-hallen 15:10-17:00.**

Tid\Coach	Alex	Aida
15:10-16:00	A2	Sp1
16:00-16:10		
16:10-17:00	A1, V1	C1, V1
17:00-17:10		
17:10-18:00	A1	C1, V1

Onsdag, A-hallen 15:10-19:00.

Tid\Coach	Alex	Aida	Masha
15:10-16:00	Sp1		A2
16:00-16:10			
16:10-17:00	Sp2+Ung	A2	Sp1
17:00-17:10			
17:10-18:00	A1	V1	Sp2+UNG, C1
18:00-18:10			
18:10-19:00	V1	C1	A1
19:00-19:10			
19:10-20:00		V1	

Fredag A-hallen 15:10-17:00.

Tid\Coach	Vyachek	Alexandra	Aida	Masha
15:10-16:00	Sp1	Sp2+Ung	A2	
16:00-16:10				
16:10-17:00	V1	A1	A2	Sp1
17:00-17:10				
17:10-18:00	V1	A1		A2
18:00-18:10				
18:10-19:00				

Lördag, A-hallen 10:10-14:00

Tid\Coach	Vyachek	Aida	Alexandra	KÅSK Tränare	Masha
10:00-10:10					
10:10-11:00	A1	V1	A2		
11:00-11:10					
11:10-12:00	A1	V1	A2		C1
12:00-12:10					
12:10-13:00	Sp1	C1	A1	KÅSK+Vux	V1
13:00-13:10					
13:10-14:00	Sp1	C1	A1	KÅSK+Vux	A1



Söndag, A-hallen 09:10-11:00 (ice training availability is to be confirmed, A hallen may be used for foto if B hallen is not opened)

VKK Groups Photo (15-18)

Tid\Coach	Vyachek	Aida	Alexandra
9:10-10:00	V1	C1	A1
10:00-10:10			
10:10-11:00	Sp1	V1	A2
11:00-11:10			
11:10-12:00	Sp1	V1	A2

V1; 8 ice, 4 off ice, 1 Dans
A1; 6 ice, 4 off ice, 1 Dans
A2; 5 ice, 4 off ice, 1 Dans
Speed 1, 5 ice, 3 off ice, 1 Dans
C1, 4 ice, 3 off ice, 1 Dans
Speed2+Ung, 2 ice, 1 off ice.
KÅSK+Vyx, 1 ice, 1 off ice